

Loreto Spirituality Centre
Llandudno
Programme 2026



Abbey Road, Llandudno,
Conwy LL30 2EL
Tel: 01492 878031
loretocentre@yahoo.co.uk
www.loretocentre.org.uk



Congregation of Jesus (Loreto Sisters) English Province

Registered Charity 1202949

Welcome to Loreto Centre, where we offer an ideal location for peace, rest and prayer.

We are a Catholic retreat centre, who welcome people of all Christian denominations and none.

The Centre is run by the CJ/Loreto Sisters, who follow the spirituality of St Ignatius of Loyola and Mary Ward. The Spiritual Exercises are central to our life, and we aim to reflect this in our programme.

All retreatants' rooms are en-suite and most are accessible by lift. All our programmed events are full board. Limited self-catering accommodation is available for those wishing to come for quiet time.

We also offer a large fully-equipped conference room with Wi-Fi, projector and loop system, which can accommodate groups of up to 70 people.

Residential or non-residential conferences can be accommodated, with meals provided if required.

Please find below a summary of our 2026 programme.

Please contact us or see our website for more information.

www.loretocentre.org.uk

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PROGRAMME 2026

January

- 19-30 Individually Guided Retreat of any length within this time (with reduced offering of £77 per night)
26-30 Listening to your Life: Individually Guided Retreat with Workshops. *Lister Tonge and Loreto Centre Team*

February

- 13-15 'Wholly God's': a retreat for the Friends of Mary Ward and anyone else who is interested.
Ewa Bem CJ and Josette Zammit-Mangion CJ
16-20 3 Day Individually Guided Retreat
27-1 March Growing in Ecological Holiness: Hearing God's call to inner transformation and ecological conversion.
MaryAnne Francalanza FCJ and Josette Zammit-Mangion CJ

March

- 6-8 Wrapped in Silence: Drawing on the life and work of the Carmelite, Sr Marie-Aimée de Jésus.
Ioan Ap Dewi OCDS and Ewa Bem CJ
9-13 'Who do you say that I am?' Reflecting on responses by poets to Jesus' question.
Eoin Garrett

April

- 1-5 Holy Week Retreat *Loreto Centre Team*
20-29 Individually Guided Retreat of any length between 3 and 8 days

May

- 8-11 The 'I' in Retirement: Identity and Change in the second half of life.
Dominique D'Arcy and Jan Berry
15-17 Lift up your Voice: Making the most of your singing voice in prayer and praise.
Geraldine Cassidy

June

- 1-8 Preached Retreat: Encountering the Disturbing Freshness of Jesus. *Fr Eamonn Mulcahy CSSp*
22-29 6 Day Individually Guided Retreat
29-6 July Preached Retreat: Walking with Jesus. *Fr Roderick Strange*

July

- 10-13 Living Theology: A 3-Day Summer School
15-22 6 Day Individually Guided Retreat
27-5 August 8 Day Individually Guided Retreat

August

- 25-1 September Individually Guided Retreat of any length between 3 and 8 days

September

- 11-13 'And God saw that it was Good': a Creative Retreat, celebrating God's own creativity within us, around us and through us. *Barbara Martin and Ewa Bem CJ*
21-30 8 Day Individually Guided Retreat

October

- 12-16 3 Day Individually Guided Retreat
16-18 'Pick up your mat and walk.': Praying with Gospel stories of healing. *Josette Zammit-Mangion CJ*

November

- 3-10 Individually Guided Retreat of any length between 3 and 6 days.
- 13-15 Space to Grieve: a weekend for those who have recently been bereaved.
Ewa Bem CJ and Loreto Centre Team
- 13-15 'Behold, I am coming soon.' (Rev 22:20)
Reading the Book of Revelation at the end of the liturgical year. *Josette Zammit-Mangion CJ*
- 27-29 Advent Weekend Retreat *Gemma Simmonds CJ*

December

- 7-11 Advent Triduum *Fr Chris Thomas*
- 11-18 Individually Guided Retreat of any length between 3 and 6 days.



FULL SPIRITUAL EXERCISES

(30 Day Retreat, in Stages or in Daily Life)

By private arrangement.

ONLINE RETREATS

May be available. Please ask for details.

LORETO DAYS OF PRAYER

See website for details.

For further information about all our events please see our Website or contact the Centre.



GENERAL INFORMATION

Suggested Offerings:

6 day IGR	£609
Preached Retreat	£620
8 day IGR	£783
3 day IGR/Holy Week	£370
3 day Themed Retreat	£380
Weekend Themed Retreats	£190
Living Theology (3 nights)	£280 Residential
Self-Catering	£47 per night

Please enquire for more information and ***please note:***

The suggested donations do not cover all of our costs. At the same time, we do not wish financial concerns to prevent anyone from participating in our events. A small retreat fund is available for the unwaged and low-waged. If, on the other hand, you feel able to make a donation, this would help us to meet our costs and enable others to make use of our facilities.

Arrivals and Departures:

Retreats start with the evening meal at 6pm on the first day and end with breakfast on the last day. Weekend events and mid-week retreats end with lunch unless otherwise stated. Arrivals after 6pm by arrangement when booking.

How to reach us:

By Train: to Llandudno Junction (on the Euston - Holyhead line) or to Llandudno station. Taxis are available outside both stations, otherwise call:

Alliance:	01492 878787 (at Llandudno Station)
Rogers Taxis:	01492 572224 (at Llandudno Junction)
Interlink Taxis:	01492 860333

By Car: Junction 18 from A55, (to Deganwy) onto A546. Pass through Deganwy, over railway bridge, Bryniau Rd, Great Orme Rd. At T-Junction to Abbey Road, turn right, then left into the Centre, which is the third entrance from St David's Hospice.